

Hoofprints of Love

SPRING 2014

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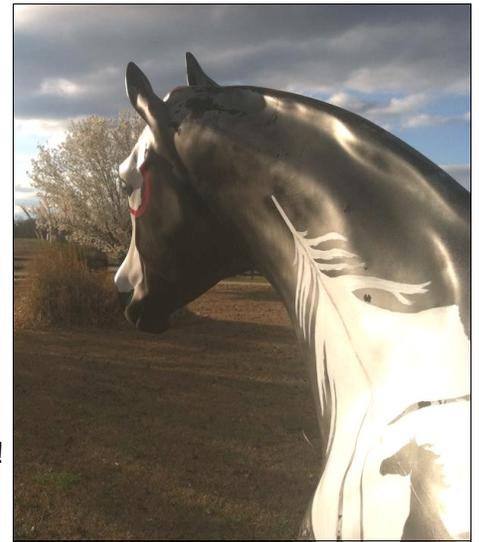
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**Why Is This Horse Being Pulled From A Muddy Pit At
BEGIN AGAIN FARMS?**

**Read About it in Max's Column
Page 2**

Max's Corner: An Eye on the Farm



OMG! Did you see that gorgeous horse brought to our farm by the Emergency Management Team (front cover). I'm sure it's a mare, it must be a mare. **Just like me**, Max, spokeshorse for Begin Again Farms, except that she can move her legs and her head and weighs 500 pounds. WOW! Alas, her people, Nature's Way Animal Rescue and Rehabilitation, took her away after she had done her job in the mud pit teaching Technical Large Animal Rescue.

Rescue workers came from all over to participate in this three-day training sponsored by the State of Georgia. They learned to catch and handle horses, build temporary fences, do some herding into these fences with the (less than impressed) donkeys, rescue horses from mud pits, hose down horses and more. Tony did a great job allowing them to lead him up a hill with a fire hose. Tornadoes we ARE prepared!



Thanks, Nature's Way, for choosing Begin Again to do your classes. And thanks to Jim Fuller for spending your day digging a hole and working the tractor to get that lovely mare in and out of the mudhole. (Whoever says she—and I—aren't real!)

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Hoofprints of Love is the newsletter of Begin Again Farms, Inc., a 501c-3 equine rescue in Ellerslie, GA.

If you are not on our e-mail list for the newsletter and upcoming events, please contact:

reusmannl@bellsouth.net

MAX'S COLUMN *(continued from page 2)*

In other news, the Farm received a donation of a round pen, which is up in the Big Field, saving trainers' time and energy when working with the horses pastured out there. Our barn is being featured in **Realtree** Girl Swimsuit ads for 2014, and they have made a nice donation for letting them do their photoshoot at Begin Again.

This summer, Begin Again Farms is pleased to be assisting with The **Georgia TeenWork Internship Program**. This program "is designed to ensure that Georgia's foster youth are equipped with the skills and opportunities necessary to enable them to mature into well-balanced and self-sufficient members of society". This will be a great opportunity for the young people and for the Farm.

And, hay, we have some exciting items coming up. Our annual **Memorial Trail Ride and Silent Auction** is always a phenomenal time. Spring is, I think, the most beautiful time on the trails with blooming wildflowers and birds singing their hearts out.

Have you signed up yet to help at the Memorial Trail Ride? Volunteer jobs include parking, monitoring/ assisting at the obstacle course, T-shirt sales, food sales, registration/sign-in table, silent auction and clean up. The more the merrier! Please contact Shelly Stansell 229-314-1205.

We need more banner and T-shirt sponsors, Silent Auction items, raffle and drawing prizes. Don't be bashful! Ask around. If you didn't get the sponsorship letter, just send an e-mail to reusmannl@bellsouth.net and she'll be sure to send one off to you.

Wellness Clinic is going to be fun as well—Parelli instructor, farrier, chiropractor. Talks on dental care, horse massage, etc. For more information call Rhonda at 706-315-6945 or write beginagainfarm@aol.com

Sadly, our wonderful education miniature donkey Elmer passed away due to tracheal issues which sometimes occurs in miniature donkeys. The doctors in Auburn said it was very rare, but had no cure.

Lili, his best friend, was heart broken, so we have decided to keep the other two miniature donkeys, Hershey and Hailey, and train them to go to schools and other events. Lili has made friends with the girls and the three hang out together all the time.

Our wonderful long-haired red cat, Sister, is missing. We hope she will find her way home.

Coming Events

April 26—Memorial Trail Ride & Silent Auction Fund Raiser

May 10 & 11—Wellness Clinic



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ELMER

**BEGIN AGAIN FARMS, INC.
EQUINE SHELTER**

6th ANNUAL

“MEMORIAL TRAIL RIDE”
in loving memory of our friends and family



When: Saturday April 26, 2014 9am-4pm

Where: Begin Again Farms-Equine Shelter
2035 Harris Road Ellerslie, GA

Cost: \$30.00 for riders (includes lunch)

**OBSTACLE COURSE, SILENT AUCTION, HAY RIDES & PONY
RIDES**

Join us for a fun day for riders, family and friends
Lunch available for non-riders \$6.00

PROCEEDS DONATED TO BEGIN AGAIN FARMS, INC.

For more info: Rhonda Jackson, President 706-315-6945

Negative Coggins test required for each horse entering property.

ADOPTERS SHARE THEIR PHOTOS

Have you adopted a horse from Begin Again? Please share their photos and stories.
Send to reusmannl@bellsouth.net





Volunteer Luncheon and
Awards Ceremony—
A great time with friends!

Thank, Julie Parks, for the yummy cake!

Wish List

Horse Supplies:

Nutrena Stock & Stable 12%
Nutrena Safe Choice Perform
Beet Pulp
In Balance
Feed Dishes
Mineral Blocks
Sweet PDZ
Shavings or Pellets for Stalls
Wormer
Fly Spray
Fly Spray for Piranha Spray Master
100 gallon water troughs
Equilix

Event Needs:

Folding Chairs
Awnings (Free Standing)
Picnic Tables or Banquet Tables

Tools and Equipment:

Any kind of yard tools
Fence Charger
Steel T-Posts—6'
Chain for Gates
Any Size Gates
Hog or Horse Wire
Lumber, especially treated 2x8x12 for the
arena

Help: Someone to run water lines

Tack:

Harness for Draft
Any new or used saddles &
miscellaneous tack
Horse Blankets

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On the Trail....

By Alice Stagg

I was honored when asked recently to provide a column for the Begin Again newsletter – honored but concerned at the same time. Many thoughts ran through my mind as I tried to sort out what kind of column I wanted to deliver. Where should my focus be? What would appeal to the largest audience and still be educational and useful? Then, Editor Linna said I needed to give her a NAME for this column too! When I switched from worrying about the content of the column and focused on the name instead, things became much clearer to me. I told her I would call it “On the Trail...”.

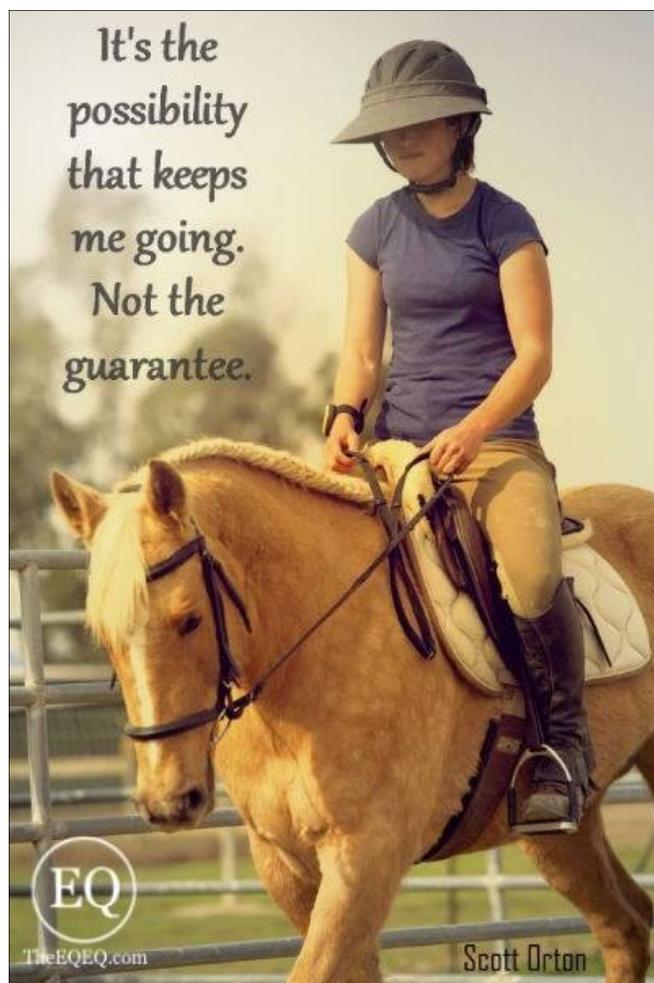
No, it will not be solely about trail riding, though I enjoy that and you never know when I might be inspired to write something on the subject. Rather, the intention behind the name is to indicate the philosophy in which I believe so strongly. Personally, I feel that I am always “on the trail” of knowledge. I am seeking to make myself a better rider, trainer, teacher and person. Although my primary discipline these days is dressage centered, I have had successful times in the 3 day eventing world, the hunter/jumper world and most recently, the world of ACTHA – American Competitive Trail Horse Association events. My longtime coach, J. Ashton (Jeff) Moore, paid me a high compliment when he said that I have always ridden the “unlikely” horses and made them exceed expectations. It’s true that with one exception, a Dutch Warmblood, all my other horses have been either grade or crossbred types that most would not have picked as dressage or jumping prospects. I credit Jeff Moore with expanding my world of knowledge about how to bring these horses along and develop them into willing partners. As I have grown older and faced a number of health challenges, the skills I’ve learned from him have been a real advantage to me in allowing me to continue riding and training.

The thinking and learning processes I follow can be beneficial no matter what body type you are, what physical challenges you may have, what style of riding one may do, or what breed of horse one has. What it isn't is easy. Interacting with equines, either on the ground or from the saddle, is both mentally and physically challenging if you are a thinking horseman. It is also extremely humbling. If you are not ready to blame yourself for an issue before blaming the horse, your head is not in the right place and you may want to take up another sport.

I will warn you now that most of what will appear in this column will not be my original thoughts. I’m just not that smart. However, along my own journey I may have found ways to modify something a professional has taught me, another mental image to suggest, or something I’ve learned by experience. I’m happy to share it all. I love the quote included with this column, and it bears repeating here. “It’s the possibility that keeps me going, not the guarantee.” Whether you find what I write useful or even interesting, I cannot say. I can only invite you to join me on the trail...

The latest blog from Horse Listening (featured page 9) is well articulated. It should make us mindful that we are trying to communicate and cajole certain responses from our four legged partners, who have many of the same issues that we do from day to day. Maybe they slept wrong and feel stiff. Maybe their flight response has been revved up by something. Maybe the weather is not “perfect”. Maybe they

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are concerned because their pasture mate is whinnying. Maybe, maybe, maybe. As Jeff Moore has said many times, horses aren't mind readers and they didn't get the daily schedule you have prepared. It is our duty and responsibility to employ the techniques and tactics needed at the moment to create the harmony we desire. It may take minutes or weeks, but patience and consistency is key.

The other thing Jeff says often when asked whether or not a certain approach would work in dealing with an issue is, "I don't know. Try it and see." It is always good to have an open mind when dealing with horses (or most anything else). Be experimental. That's what we want in our horses too. We want them to feel they have the freedom to choose a response. It may not be the one we want right then, but that offers the opportunity for appropriate correction, then a repeat of the request. Horses learn both good and bad things by repetition. Unfortunately they seem to glom onto the bad stuff with much fewer repetitions than they do the good stuff, and it takes a loooonnnnggg time to retrain an undesirable behavior once it becomes ingrained. Clinging to dogma gives us tunnel vision and denies us and our horses the opportunity to think for ourselves, and to experiment. I hope to achieve the desired standard in whatever I work on, but not by force and not by smothering the expressive freedom of my horse. Nothing feels better to me than to have the horse offer even a glimmer of what I seek without being constrained and contained. Ride on!

These reasons apply from the ground as well. I think too many people want the instant gratification of riding without the grunt work that must come before to develop a true partnership. Build the basic foundation from the ground first. If your horse will not "whoa" and stand, or step away from the person quietly when asked, or respect personal space, or lead properly, then how in the world can a rider expect to have the horse focused and attentive to them from the saddle?

Thank you to Equipped Equine for the graphic on the preceding page, and to Horse Listening for the "Seven Reasons" blog. Both are found on Facebook, and you may wish to sign up for the Horse Listening blogs, which are all very good.

7 Reasons Why "It Depends" Is the Right Answer in Horse Riding *(from Horse Listening)*

It seems like everywhere you turn, someone has a different idea about what you should do when you ride.

There might even be the time when the SAME person tells you to do two completely opposite things during one situation.

Let's take your coach for instance. One day, she says you need more leg to get the horse going better. Another day she says to half-halt more often and slow the legs down. Bend more here, straighten up there.

Make up your mind already! How is it that so many variations apply to the same outcome?

Obviously, the last thing we want to know is that there are seemingly endless variations to a multitude of skills that we have to learn if we want to be effective riders for our horses.

But when it comes to horses, the only "truth" is that there are many truths. It is our calling as riders to figure out which one works when and why. The learning is never-ending and even when you think you know it all, another horse comes into your life to bring you back to earth (hopefully not literally!).

Here are 7 reasons why "it depends" might be exactly the right answer to your situation!

1. Your horse might be very accommodating.

When your horse works at his best, the sky is the limit! You can do almost anything you can think of – with very little effort coming from you! These moments teach you how much you can do and how the aids combine to make everything fall together. Your aids can whisper and you can float along almost as if you aren't there. Your horse's responses might come easier, and he also appreciates the harmony.

2. Your horse might be excited.

An excited horse may need more guidance, simpler and quicker aids. The quiet suggestive aids from yesterday may not be adequate if the horse is distracted or unresponsive in some manner. You might need to seek his attention and work harder to make more basic requests. You might not be able to do the intricate moves from yesterday simply because his frame of mind is different.

3. The weather conditions might be different from the day before.

Almost all horses are affected in some way by temperature or precipitation. Riding the same horse on a hot muggy day or in pouring rain or in freezing cold temperatures might require different strategies. Discovering your horse's preferred weather condition makes the ride easier but working in less than ideal conditions is also necessary if you want to stay on a regular program. You have to learn how to ride the horse during various conditions.

4. You might not be as coordinated as your last ride.

Once in a while, you might be the inconsistent one. Maybe you had a rough day at school or work and you come to the riding session tense and frustrated. Maybe you have a cold and your reactions are slow and laboring. If you can be sensitive to your own emotional and physical state, you can take steps to counter them once you get on your horse's back.

5. You might be trying something new.

Whenever we step out of our comfort zone, we step into insecurity and frustration. It is perfectly normal to go backward before you move beyond your current level of expertise. While you try to speed up/slow down/quieten the aids, you discover that you lose some of the mastery you once had.

The same happens with the horse if you are trying to teach him something new. Awareness of what needs to be done during the confused moments is the ticket to making it through the learning curve, both for yourself as well as your horse.

6. Your situation might be different from someone else's.

You go to a clinic and watch as someone learns or develops her skill during the ride. You come home and apply the same strategies and for whatever reason, things don't go the same way. In horseback riding, it is often unfair to compare yourself to others in the sense that everything impacts your and your horse's performance. By knowing the specific factors that go into your situation, you can make better gains.

7. Training level causes variations.

Both you and your horse's background and skill impact the next steps you can take. More often than not, you will discover that you have to go back to the basics and develop them before you can go ahead with higher expectations. There is nothing wrong with identifying a missing building block and working on that before you try to do something more difficult. Learning things step by step is a valuable and safe approach to riding.

I hear people's frustration when they ask a question and the answer is, "It depends."

But understanding the variables in riding is the key to knowing that it is perfectly fine to learn many strategies that will invariably end in the same goal. And when someone asks, "What do I have to do when...?"

The answer might just be, "It depends!"

HORSE SPONSORSHIP



What a great response Begin Again had from the last issue's request for sponsorship! Since that time, Coal, Peanut, Navajo and Prince have received full sponsorship! They are delighted to have their own person who grooms them, gives them attention, and, in many cases, work with them.



In particular, Begin Again would like to see someone sponsor the mini donkeys and train them as education animals to go to schools, events and parades.

The Farm's goal is to have all of our unadoptable (or less likely to be adoptable) to have sponsorships. Can't afford the time or the money for a full sponsorship? No problem! Just pick a horse from the list below and send what you can for a partial sponsorship.

The following are still looking for sponsors:

BLUE (Ghostwalker) - An older gray quarter horse gelding. Loves to be groomed. He's currently living with his best friend, Stretch the steer.

CLYDE (mule) - An older guy with tons of personality.

HERSHEY, HAILEY and LILI—Miniature donkeys, education animals. Very sweet natured.

HANDSOME—Beautiful white horse with major fear issues.

IZZY—Dun stallion, very good natured. Will never be able to be ridden due to foalhood injury.

POGO—A darling miniature horse. Very shy at first, but is coming around.

PRETTY BOY—This tall, handsome palomino has pemphigus, an auto-immune disorder. While he is doing much better, he still has some occasional lameness. Gentle disposition, loves to be groomed and petted.

RANSOM—Bay with the most gorgeous eyes. Very gentle. Has Cushing's disease, which currently is most obvious because of his incredibly long coat.

TUTT—Chunky palomino with permanent lameness issues.

WILBUR—Described by the people who brought him as a "Miniature Shetland", this is a wonderful little guy who does pony rides and education.



LILI

FOR MORE INFORMATION ON SPONSORSHIP—

Please contact Rhonda at 706-315-6945

Horses for Adoption

BBR BITSY CUTTER—chestnut Paint mare, who despite her name is not small. Currently under training.

BINGO—chestnut Quarter Horse gelding, 2-year-old. Leads well.

BRAYGORN—8-year-old quiet bay Thoroughbred gelding. Off the track, used for trailriding. Has been Parelli trained. Only drawback on this horse is he is a cribber.

CHARLIE—Beautiful Chestnut Tennessee Walking horse gelding. Has Flaxen mane and tail.

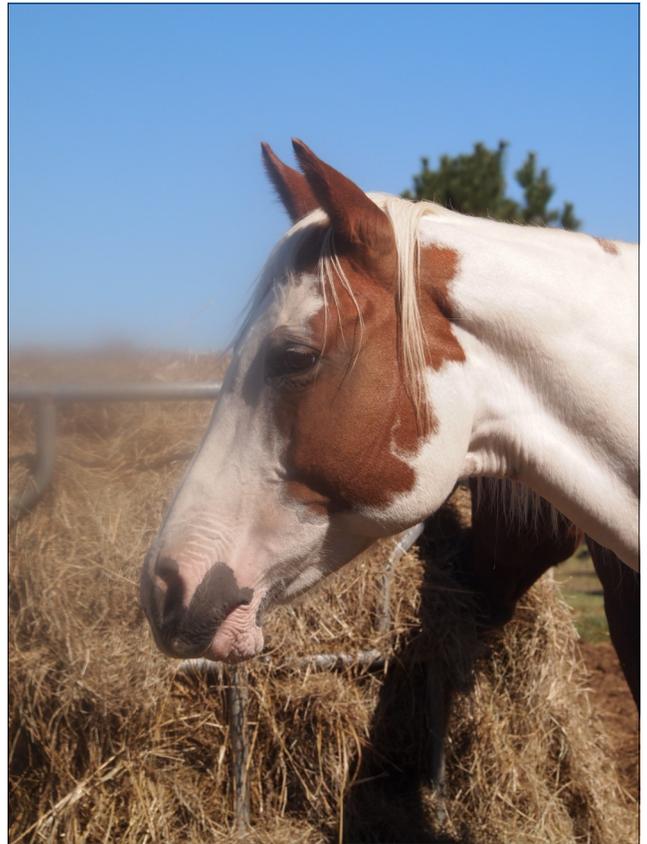
DILLONS ONE GUN DEAL—bay Paint gelding

LW CATALENA KATESBUCK—registered buckskin dun breeding stock Paint mare.

PEANUT II—Chestnut Tennessee Walking Horse gelding. Has now put on weight and looks great, ready for riding.

PICKLEENA—registered bay Quarter Horse mare. She's had tons of training, but can be cold-backed.

(continued on page 12)



BITSY



PICKLEENA

Horses for Adoption *(continued from page 9)*



MOSES—Handsome young mule. Prefers women. He is still shy about halters, but loves treats and company.

PEANUT II—Chestnut TWH gelding.

PRINCESS—Pinto miniature horse, Prefers children,

RW DUALLYS MAIA JANE—registered chestnut Quarter Horse mare.

RW PLAYBOYS ARROWLENA—registered chestnut Quarter Horse mare

MOSES

RW SKIPS COMMANDER—registered bay Quarter Horse gelding. Very sweet. Stands beautifully for farrier

RAIN—Chestnut TWH gelding.

REP aka REPLICAS IMPRESSION—Over twenty-year old quarter horse gelding, full of pep. Ex-roper. Very experienced rider only. Has saddling issues.

RHETT—Black 22-year-old TWH, companion animal only due to arthritis.

(continued page 13)



COMMANDER experi-



Tracie Moore
tracie@traceablecreations.com
www.TraceableCreations.com

Horses for Adoption *(continued from page 10)*

SCOUT—Scout is a beautiful Chestnut gelding, large pony size. Scout has been started under saddle but needs lots of work before can be ridden safely.

SIROCCO—Handsome six-year-old registered Palomino Morgan gelding. Athletic, conformationally correct. He needs a firm but fair owner providing consistency in riding and ground work. He has been ridden both English and Western, and has the potential for advancing in any discipline.

TINY TIM—Small chestnut Quarter Horse/Paso Fino gelding. Three years old. Loves people.

TIZZY—This beautiful Quarter Horse mare has permanent lameness issues from being struck by a car. She's a nice horse, and would love to be adopted as a companion horse.



SIROCCO



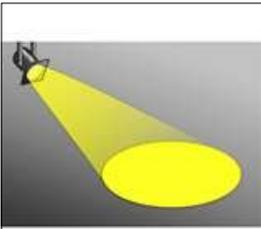
ADOPTED THIS QUARTER

Molly

Lena

Henry

Firestorm (pictured)



VOLUNTEER SPOTLIGHT: JO TILL

Interviewed by Julie Seeley

Tell me how you first got involved with Begin Again Farms, Inc.

When I moved to Georgia in 2003, I was looking for something. A friend knew I had horses in the past and she introduced me to Rhonda and the Farm.

What's your first memory of Begin Again Farms, Inc.?

The first afternoon I went out to see the Farm Sarah the donkey tried to eat my Subway sandwich.

What's the best/worst thing to happen since you started working with Begin Again Farms, Inc.?

The best: I can honestly say I have met some amazing friends, both two-legged and four-legged. The worst: losing some amazing four-legged friends.

Why are you supporting Begin Again Farms, Inc. as opposed to other groups?

The horses. I have always been involved with horses while growing up.

The interest in Begin Again Farms, Inc. seems to be growing/waning. Why do you think that is?

It is growing. When I started volunteering, there were only a handful of people. Over the years it has grown and will continue to grow.



(continued on page 13)

A Special Thank You To

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Bobby Noland
Owner

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Office: 706-582-2630

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VOLUNTEER SPOTLIGHT

(CONTINUED FROM PAGE 12)

What would you tell someone who is thinking about donating or volunteering?

If you donate, you will see your money put to good use. As for volunteering, it is rewarding to see the results and feel the compassion of each horse.

What would you say are some of your strongest beliefs about Begin Again Farms, Inc.?

It's about the horse and not for profit. People that are there are truly there for the horses. Life for some horses and some people begin at Begin Again.

What do you do when you aren't volunteering?

I work for Kodak and weld for a hobby gone wild.

What do you wish other people knew about Begin Again Farms, Inc.?

It is a place you can connect with an animal, feel the compassion and almost feel their stories when they come to Begin Again.

What might someone be surprised to know about you?

I'm a star gazer.

All services provided by Begin Again Farms, Inc. are funded entirely by gifts and donations.

For more information about how you can help support these extraordinary equines, please contact:

Rhonda Jackson, President
Begin Again Farms, Inc. Equine Shelter
PO Box 242
Hamilton, Georgia 31811
Phone (706) 315-6945
E-mail: beginagainfarm@aol.com
Webpage: www.beginagainfarms.com



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All in-kind items donated are tax-deductible. As Begin Again Farms, Inc. is a volunteer organization, your donations go to the horses and the foods and items to make the horses' lives happier and healthier!

YES!

I Want To Help A Friend Begin Again...

Name: _____

Address: _____

City/State _____ Zip _____

Home Phone _____ Cell Phone _____ E-mail _____

DONATION INFORMATION:

Amount _____ (Make payable to Begin Again Farms, Inc.)

Clip off form and mail to: Begin Again Farms, Inc., PO Box 242, Hamilton, GA 31811

ALL DONATIONS ARE TAX DEDUCTIBLE

VOLUNTEER OPPORTUNITIES

Volunteers are essential to Begin Again Farm's continued good work. Begin Again Farm LOVES volunteers. And volunteers have a lot of fun while doing worthwhile activities with the horses! Currently we need the following:

Morning and evening horse care volunteers: fill gaps in the schedule feeding, refilling water, cleaning stalls. No experience necessary; we will train.

Persons experienced in **training** and handling horses to help prepare them for adoption.

Fundraisers: Volunteers will help plan and carry out various fundraising events for BAFI. These events include benefit trail rides, silent auction, etc.

VOLUNTEER WORK DAY—The Second Saturday of Every Month. Help with special projects around the farm, including painting; fence construction or repair; cleaning the tack rooms, barn or trailers; trail clearing; or whatever needs to be done. We will send out e-mails in advance. *If you are not on our e-mail newsletter etc. list, please contact reusmannl@bellsouth.net*

If you wish to volunteer for any of the above, or just want to be on our list for odds and ends (fence building, painting, selling T-shirts), please contact Rhonda at 706-315-6945.

PHOTOGRAPHER WANTED

Volunteer photographer wanted to take pictures of new horses as they come in and after they have been returned to health. Pictures of adoptable equines should be suitable to be featured on Petfinder and A Home For Every Horse.

THE MISSION OF BEGIN AGAIN FARMS is to rescue imperiled, retired or abandoned hooved animals; provide a safe refuge; promote rehabilitation and return to full physical ability; provide safe adoptions for rehabilitated animals; and expand the knowledge of equine science, training and horsemanship through association with community groups and leaders.

Begin Again Farms, Inc. is a 501(c)3 non-profit organization

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**Looking for an easy way to help
Begin Again Farms?**

**Print this newsletter and hang a copy
in the break room of your office of
workplace (or any waiting room)!**

**Spreading the word about Begin
Again Farms is a huge help to us!**